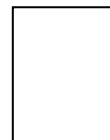


### Personal Information



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### Educational Information

Name of the University	Level	Location	Year of Graduation
Tehran University of Medical Sciences	B.S.	Tehran, Iran	1993
Mashhad University of Medical Sciences	M.S.	Mashhad, Iran	2001
Iran University of Medical Sciences	PhD	Iran, Iran	2014

### Employment Information

Title	Location	Period	
		from	To
Working as a nurse in center of Shahid Chamran hospital for four years	Ahvaz University of Medical Science	1996	1999
Head nurse in center of Imam Reza hospital for one years	Mashhad University of Medical Science	1999	2003
Faculty member of the School of Nursing and Midwifery	Babol University of Medical Science	2003	continue

### Achievements and Honors

- Health group of Babol University of Medical Sciences management from 2005 to 2010.
- Internal evaluation of Babol University of Medical Sciences principal from 2005 to 2010.
- The best lecture of Babol University of Medical Sciences 2008
- The best Researcher of Babol University of Medical Sciences 2008
- Probing about the outcome of drug tendency in the students of Ramsar school (2016)
- The best “process “selected in Motahhari Festival 2016
- The best Researcher of Babol University of Medical Sciences 2017
- The best lecture of Babol University of Medical Sciences 2017
- The best Nurse of Babol University of Medical Sciences 2017
- The best Researcher of Babol University of Medical Sciences 2018
- The best Researcher of Babol University of Medical Sciences 2019
- The best Researcher of Babol University of Medical Sciences 2020
- The best Researcher of Babol University of Medical Sciences 2021

## Research Interests

1. Qualitative study
2. Quantitative study
3. Community health issues

## Dissertations

1. *M.S. : Concerns of Mashhad public universities students*
2. *PhD : Compliance with treatment regimen in women with gestational diabetes mellitus*

## Thesis

NO	Association between family Social Support and Self-Care Behaviors in elderlies with Chronic Obstructive Pulmonary Disease	N Jafari
1	Designing of Empowerment Questionnaire in the Elderly with Chronic Obstructive Pulmonary Disease	Z Samkhanian
2	Analytic and Explanation health in female shift worker: Sequential Explanatory Mixed Method Study	M Nikpour
3	The effect of resilience training on the mental health of family caregivers of elderlies with Alzheimer	M Rostami
4	Exploring perception and experience of substance abuse in older women	A Sohrabi
5	Effect of education on recognition of elderly abuse in nurses	A Alipour
6	Nurses viewpoints on pain management barriers in elderly with dementia after hip fracture surgery	F Didvar
7	Viewpoints of abusers and non- addicts towards respecting human dignity when proving nursing care in hospitals in west of Mazandaran province	Z Golage
8	Investigating disease- related lifestyle in elderly with epilepsy	M Nadernejhad
9	Nutritional statues of the older patients with epilepsy	E Nejati
10	Health promoting activities performed by nurses in caring of the elderly patient with COPD	S Lotfi
11	The relationship between psychosocial factors and healthy aging in older people	F Manafifar
12	The explanation of influential Factors on Attitudes of Iranian Couples towards having just a single child, and Voluntary childlessness :A Community-Based Study	N Ahmadzadeh
13	The effect of transitional care model-based interventions on care outcomes in the older people with stroke and their family caregivers	K Farokhmanesh
14	The effect of using betty neumans system model on dietary sodium restriction and thirst distress in the older adult with heart failure	KH Mohammad amin
15	The relationship between uncertainty and fear of disease and treatment with nutritionanal status in the patients undergoing hemodialysis	S Rahimi

## Articles

NO	Title	year
16	Psychometric Properties of the Persian Version of Adult Eating Behavior Questionnaire in Patients with Epilepsy A Shamsalinia, R Ghadimi, R Ebrahimi Rad, K Jahangasht Ghoozlu,. <b>FGhaffari(corresponding author)</b> Iranian Journal of Medical Sciences	2021
17	The experiences of chemical weapon victims: pain as a pleasant sensation Z Fotokian, A Ebadi, A Shamsalinia, <b>FGhaffari(corresponding author)</b>	2021

	Trauma Monthly 26 (5), 235-243	
18	Epidemiological Characteristics and Trend in the Incidence of Human Brucellosis in Iran from 2009 to 2017 F Norouzinezhad, H Erfani, A Norouzinejad, <b>F Ghaffari(corresponding author)</b> , F Kaveh Journal of Research in Health Sciences	2021
19	Design and psychometric evaluation of epilepsy-related apathy scale (E-RAS) in adults with epilepsy: a sequential exploratory mixed methods design A Shamsalnia, M Moradi, RE Rad, R Ghadimi, MA Farahani, R Masoudi, <b>F Ghaffari(corresponding author)</b> BMC neurology. 21 (1), 1-17	2021
20	Structural equation model of affecting factors on elder abuse to patients under hemodialysis by family caregivers A Mahmoudian, A Shamsalnia, A Alipour, Z Fotoukian, <b>F Ghaffari(corresponding author)</b> BMC Geriatrics. 21 (1), 1-14	2021
21	Exploring COVID-19 anxiety in Iranian adult based on health literacy by moderating demographic variables: A structural equation model F Mohammadkhah, A Shamsalnia, F Shirinkam, M Daneshnia... and <b>F Ghaffari(corresponding author)</b> Heliyon. e07336	2021
22	Development and Psychometric Evaluation of the Female Substance Abusers' Reproductive Health Scale: Study Protocol for a Sequential Exploratory Mixed-method Study A Shamsalnia, V Shafti, M Nikpour, <b>F Ghaffari(corresponding author)</b> Addictive Disorders & Their Treatment .20 ( 3 ) :194-201	2021
23	Shedding light on the causes of academic procrastination among nursing students: A qualitative descriptive study F Ghaffari, S Mohammadi, T Arazi, A Arzani, F Rahimaghaee Journal of Education and Health Promotion. 10 (1): 181	2021
24	Iranian Mothers' Cultural Beliefs about Weaning: a Cross-Sectional Study in West Mazandaran Province, Iran Z Jannat-Alipoor, F Ghaffari, N Navabi, Z Fotokian International Journal of Pediatrics. 9 (1): 12855-12864	2021
25	Changes in Preventive Behavior During the First 3 Months of the COVID-19 Outbreak in Iran A Shamsalnia, S Mohammadi, F Ghaffari, T Arazi Disaster Medicine and Public Health Preparedness ;1-8.	2020
26	Designing a structural equation model of marital satisfaction based on aging perception and demographic and clinical variables in Iranian elderly patients with coronary artery ... Z Fotokian, A Pourhabib, N Navabi, <b>F Ghaffari(corresponding author)</b> ARYA Atherosclerosis. 16 (4)	2020
27	Investigating the needs of family caregivers of older stroke patients: a longitudinal study in Iran MA Farahani, S Bahloli, R JamshidiOrak, <b>F Ghaffari (corresponding author)</b> BMC Geriatrics. 20 (1): 1-12	2020
28	Designing and psychometric evaluation of disease-related fear scale (D-RFS) in adults with epilepsy: A sequential exploratory mixed methods design A Shamsalnia, M Moradi, MA Farahani, R Masoudi, R Ghadimi, RE Rad, <b>F Ghaffari(corresponding author)</b> Epilepsy & Behavior. 110: 107169	2020

29	Concept Analysis of Health-related Hardiness in Older People with Multiple Diseases Using a Hybrid Model <b>F Ghaffari</b> , Z Fotokian Journal of Mazandaran University of Medical Sciences. 30 (186): 107-122	2020
30	Design and psychometric properties of the obstacles to postoperative pain management in dementia scale (OPPMDS): A mixed methods exploratory study F Didvar, <b>F Ghaffari</b> , A Shamsalinia	2020
31	Designing and validating the empowerment scale for the older individuals with chronic obstructive pulmonary disease (ESOCOPD) ZS Khanian, <b>F Ghaffari</b> , ZJ Alipoor, Z Fotokian Heliyon. 6 (5): e03909	2020
32	The Effect of Methadone Maintenance Treatment Method on Mental Health and Quality of Life in People With Opioid Addiction: A Longitudinal Study in Iran MA Jahani, F Ebadi, M Abdi, <b>F Ghaffari</b> , G Mahmoudi Addictive Disorders & Their Treatment. 19 (1): 22-29	2020
33	Association Between Perceived Family Social Support and Self-care Behaviors in Elders with Chronic Obstructive Pulmonary Disease (COPD): A Medical Center-based Study from Iran NJ Shirvani, <b>F Ghaffari</b> , Z Fotokian, M Monadi The Open Nursing Journal. 14 (1)	2020
34	Epidemiological Characteristics and Trend of the Incidence of Human Brucellosis in Kurdistan Province from 2009 to 2016 F Norouzinezhad, H Erfani, A Norouzinejad, F Kaveh, <b>F Ghaffari(corresponding author)</b> Iranian Journal of Epidemiology. 15 (4): 323-333	2020
35	Design and psychometric assessment of the Persian version of the exercise self-efficacy tool in the elderly people: A mix method study A Shamsalinia, R Ghadimi, <b>F Ghaffari(corresponding author)</b> Journal of hayat. 366-379	2020
36	The effects of education on nurses' ability to recognize elder abuse induced by family members <b>F Ghaffari</b> , A Alipour, Z Fotokian Nursing and Midwifery Studies. 9 (1): 1-8	2020
37	Nutrition self-efficacy assessment: designing and psychometric evaluation in a community-dwelling elderly population A Shamsalinia, R Ghadimi, RT Chafjiri, F Norouzinejad, A Pourhabib, <b>F Ghaffari(corresponding author)</b> Journal of Health, Population and Nutrition. 38 (1): 38	2019
38	Reproductive health problems among female shift workers: a qualitative study in Iran M Nikpour, A Tirgar, <b>F Ghaffari</b> , A Ebadi, FN Amiri, M Firouzbakht Journal of Gynecology Obstetrics and Human Reproduction. 101653	2019
39	The role of smartphone-based education on the risk perception of type 2 diabetes in women with gestational diabetes M Ghaderi, MA Farahani, N Hajiha, <b>F Ghaffari</b> , H Haghani Health and Technology. 9 (5): 829-837	2019
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	S Mohammadi, S Zabolypour, <b>F Ghaffari</b> , T Arazi Iranian Rehabilitation Journal. 17 (2): 113-120	
43	The Relationship between Nurses' Recognition Regarding Elder Abuse and their Attitudes and Performance in Dealing with Elder Abuse Induced by Iranian Family Caregivers A Alipour, Z Fotokian, A Shamsalinea, <b>F Ghaffari</b> , M Hajiahmadi The Open Nursing Journal. 13 (1)	2019
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48	A cross-sectional study on serum high-sensitivity C-reactive protein level and shift work among reproductive age women M Nikpour, A Tirgar, M Hajiahmadi, A Ebadi, <b>F Ghaffari</b> , A Hosseini, ... Caspian Journal of Internal Medicine. 10 (4): 402	2019
49	Cardiac patients' beliefs about their illness and treatment: A sequential exploratory mixed methods design N Dehghan-nayeri, M Shali, A Vaezi, N Navabi, <b>F Ghaffari(corresponding author)</b> Medical journal of the Islamic Republic of Iran. 33, 98	2019
50	Questionnaire on Mothers' Cultural Beliefs About Weaning: Development and Psychometric Evaluation Z Jannat-Alipoor, N Navabi, A Ebadi, <b>F Ghaffari(corresponding author)</b>	2019
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53	The relationship between spiritual well-being and life orientation in elderly people with type 2 diabetes S Faghani, A Shamsalinea, <b>F Ghaffari</b> , N Yadegari Journal of gerontology and geriatrics. 66: 142-148	2018
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61	Analytical on effect of Resilience interventions on Mental Health in Family Caregivers of Elderlies with Alzheimer's disease: A review literature <b>F Ghaffari</b> , Z Fotokian, M Rostami Clinical Excellence. 7 (1): 13-35	2017
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63	The effectiveness of ibuprofen and lorazepam combination therapy in treating the symptoms of acute Migraine: a randomized clinical trial RE Rad, <b>F Ghaffari</b> , Z Fotokian, A Ramezani Electronic Physician. 9 (3): 3912	2017
64	The relationship between the spiritual attitude of the family caregivers of older patients with stroke and their burden RT Chafjiri, N Navabi, A Shamsalinia, <b>F Ghaffari(corresponding author)</b> Clinical Interventions in Aging. 12, 453	2017
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66	Attrition among Iranian nursing students: A qualitative study MA Farahani, <b>F Ghaffari</b> , F Oskouie, MZ Tafreshi Nurse education in practice. 22: 98-104	2017
67	Malaria Four-year epidemiological trends in Sistan and Baluchistan province, Iran F Norouzinezhad, <b>F Ghaffari(corresponding author)</b> , A Raeisi, A Norouzinejad, F Kaveh Electronic Physician 9 (1), 3660	2017
68	Pathology of apprenticeships for masters of nursing critical care <b>F Ghaffari</b> , ND Nayeri, F Norouzinezhad, Z Tayebi Electronic physician. 9 (1): 3515	2017
69	The Effect of Utilizing Organizational Culture Improvement Model of Patient Education on Coronary Artery Bypass Graft Patients' Anxiety and Satisfaction: Theory Testing M Ashghali Farahani, <b>F Ghaffari(corresponding author)</b> , F Norouzinezhad, R Jamshidi Orak Electronic Physician. 8 (11): 3272-3278	2016
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72	Empathy among undergraduate nursing students in Tehran University of Medical Sciences M Ashghali Farahani, T Salehi, Z Arab Ameri, F Hajibabae, AF Hosseini, <b>F Ghaffari(corresponding author)</b> Iranian Journal of Medical Ethics and History of Medicine. 9 (4): 56-67	2016
73	Cutaneous leishmaniasis in Iran: results from an epidemiological study in urban and rural provinces F Norouzinezhad, <b>F Ghaffari(corresponding author)</b> , A Norouzinejad, F Kaveh, MM Gouya Asian Pacific journal of tropical biomedicine. 6 (7): 614-619	2016
74	Psychometric evaluation of life attitude profile scale-revised in patients with cancer <b>F Ghaffari</b> , Z Fotoukian Advances in Nursing & Midwifery. 25 (89): 41-49	2016
75	Factors affecting nurse turnover in Iran: A qualitative study (Brief Communication) FM Ashghaly, F Oskouie, <b>F Ghaffari(corresponding author)</b> medical journal of the islamic republic of iran (MJIRI). 30 (1): 356	2016
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78	Older adults' attitudes and barriers toward the use of mobile phones N Navabi, <b>F Ghaffari(corresponding author)</b> , Z Jannat-Alipoor Clinical interventions in aging. 11, 1371	2016
79	Development and psychometric evaluation of the patient safety violation scale in medical oncology units in Iran M Shali, <b>F Ghaffari(corresponding author)</b> , S Joolae, A Ebadi Asian Pacific Journal of Cancer Prevention. 17 (9): 4341-4347	2016
80	Evaluation of the Master's curriculum for elderly nursing: a qualitative study F Ghaffari, N Dehghan-Nayeri, N Navabi, K Seylani Clinical interventions in aging. 11, 1333	2016
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101	Premenstrual syndrome severity and anger in female adolescents <b>F Ghaffari</b> , T Poorghaznin Persian Journal of Iran Obstertric and Gynaecology. 9: 53-9	2009



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103	The Relation of Stressful Life Events and Cancer in Refers to Oncology Unit in Ramsar Imam Saggad Hospital Z Fotokian, <b>F Ghaffari</b> , S Keyhanian Avicenna Journal of Nursing and Midwifery Care. 16 (1): 11-21	2008
104	Evaluation of depression and anxiety in hemodialysis patients F Nazemian, <b>F Ghaffari(corresponding author)</b> , T Poorghaznein Medical journal of mashhad university of medical sciences. 51 (3): 171-176	2008
105	Hardiness, stress and coping strategies in infertile couples <b>F Ghaffari</b> , T Pourghaznein, SR Mazloom The Quarterly Journal of Fundamentals of Mental Health. 38: 122-132	2008
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113	The Relationship Of Severity Premenstrual Syndrome With Anger In Adolescent Girls <b>F Ghaffari</b> , T Poorghaznein Iranian Journal Of Obstetrics, Gyneocology And Infertility. 9: 53-60	2006
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